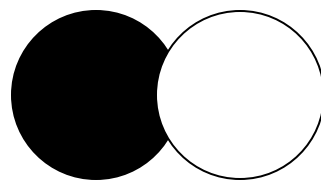


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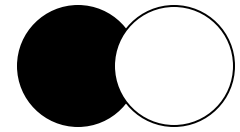
prog 6: what if i can talk to God?
wk: 5: forgive

when you pray, say:
'forgive us
as we forgive others'

jesus of nazareth



discover



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harbour.

i'm holding it in
all this frustration
i'm harbouring all this resentment
i'm bottling up inside
all this anger

what's causing it?

all the wrongs that've been done against me.

some say, i'm right to harbour it
others say 'let it go'

and jesus of nazareth?
what does he say?

jesus of nazareth
when you pray; say: forgive us just as we forgive others



bitter.

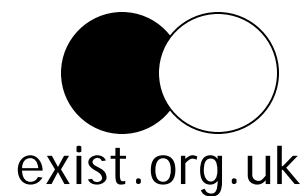
there's a bitter taste in my mouth
a bitter spirit within me

where's it come from?
it comes from holding onto resentment

part of me likes this feeling
i justify it to myself
'i'm right to be bitter'
'you'd feel this way too if you were me'

forgive?
no way!

jesus of nazareth
when you pray; say: forgive us just as we forgive others



ask.

there's some people i wouldn't forgive
even if they asked me
that's how mad i feel

i'd even like them to ask
just so's i could refuse!

then, when i'm calm i wonder
'what if God's mad at me for the wrongs i've done?'
what if i asked for forgiveness?

jesus of nazareth
when you pray; say: forgive us just as we forgive others



receive.

some of us're better at receiving than others
whether it's compliments
or forgiveness

for some of us it's so hard to receive forgiveness
we turn it away

why's it so hard to receive?
'cause to accept forgiveness means accepting we're wrong

but jesus of nazareth says "ask God;
'forgive me'"

jesus of nazareth
when you pray; say: forgive us just as we forgive others

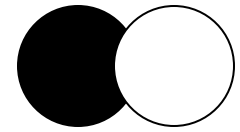


offer.

it's forgiveness that's on offer
total
complete
absolute absolution
it's an offer that seems too good to be true
there's got to be a catch
(there always is)

but jesus of nazareth makes it clear there's no catch
we only need to ask forgiveness and live like we mean it

jesus of nazareth
when you pray; say: forgive us just as we forgive others



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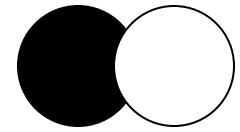
give.

who can forgive wrongs?
well, i can if you've wronged me
and you can too, if i've wronged you

but what if it's God we've wronged?
surely only God can give forgiveness?

that's why i'm asking him to give that to me
for all the times i've given him grief

jesus of nazareth
when you pray; say: forgive us just as we forgive others



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accept.

God holds out an offer of forgiveness
what should i do now?
what's my options?

ignore it?
reject it?
accept it?

i guess i can't sit on the fence
i'm going to have to make a decision
what'll it be

i know if i accept
i'll be clean again
free

jesus of nazareth
when you pray; say: forgive us just as we forgive others